

Award Winning Magazine, established 1995

COMMUNITY HIGHLIGHTS CARNIVAL 2015 ISSUE

***Carnival Timetable
and information***

***Other upcoming
local events***

***Editorials and articles
from local organisations***



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WELCOME TO COMMUNITY HIGHLIGHTS

Every year, months of preparation and a frenzy of costume dreams culminate in the official Leeds West Indian Carnival events. There's a show dedicated to children as well as a calypso showcase, the drama of the stunning King & Queen Show costume extravaganza and the unexpected joy of a crack of dawn jam.

They all lead up to the carnival on August Bank Holiday Monday with jaw dropping costumes from across the UK and the perfect recipe of tastes, sights and sounds that make Leeds West Indian Carnival one of Europe's most adored Caribbean carnivals. Lots of changes have taken place, and Black Health Initiative hold the contract for the Leeds Reggae Concert this year, [now known as The Black Music Festival, held on Sunday 30th August Potternewton Park Leeds], wishing them all the best. Congratulating Suzan Pitter, Debbie Jeffers, Arthur France and Ian Charles, Stuart Bailey for all the hard work they have put in, plus all the organisers and the carnival committee for all the hard work that has gone into making carnival day such a special one. Have a fantastic Bank Holiday weekend everyone.

Don't forget to submit contributions for the next issues of Community Highlights by mid-October - see contact details below



 Community Highlights Leeds

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 @comhighlights

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This issue of Community Highlights was designed by Chapeltown printers, Footprint Workers' Co-op

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0113 262 4408

FIVE DISCIPLINES OF CARNIVAL

1. Mas/Masquerade - The extravagant Carnival costumes made by an army of volunteers for the processions of dancers.
2. Steel Drum - Also known as steel pan, these Trinidadian instruments are made from old oil drums. It is the only acoustic instrument invented in the 20th century.
3. Calypso - a traditional of political or social comment based in satire and rhyme.
4. Soca - high-energy Trinidadian carnival music (Soul/Calypso).
5. Sound Systems - originally from Jamaica, they blast out kilowatts of bass-driven hip hop, reggae, dance music, soca and soul.

CARNIVAL PARADE ROUTE

The parade leaves Potternewton Park on Bank Holiday Monday at 2.15pm and travels for three hours round the Carnival route which is 4.5 miles. It runs from Harehills Lane to Roundhay Road, Barrackn Road, Chapeltown Road, Harehills Avenue then back into Potternewton Park.

TRANSPORT

The Carnival area will be extremely congested, so please don't drive unless necessary. Although many roads around Potternewton Park are closed during the parade, the closest buses are:
Chapeltown Road - 2, 3, 3A, 22,24.
Roundhay Road - 12,13,13A, 98.

LEEDS CARNIVAL FACTS AND FIGURES

Each year, Leeds West Indian Carnival involves:

50,000	feathers
300	litres of glue
2000	dancers
5000	metres of costume material
3,500	man-hours of costume making
70,000	pieces of jerk chicken
80,000	portions of rice and peas
20,000	patties
20,000	portions of ackee and saltfish
100,000	fried dumplings
50,000	portions of chips

SAFETY

- Meet up with friends before you arrive at the Carnival
- Don't arrange to meet at busy junctions - these will get very congested
- Have a set meeting place in case you get lost or separated
- Don't rely on mobile phones as reception may be affected by the large crowds
- Be on the alert for pickpockets and for any unattended bags or suspect packages
- Don't wear expensive jewellery or carry too much cash. Criminals are attracted to large crowds
- Drink lots of water, it's a long day and it can get hot out there!
- Wear flat shoes and comfortable clothing. Ladies, leave your heels at home!

LEEDS WEST INDIAN CARNIVAL CONTACT DETAILS

Leeds Carnival Arts & Cultural Centre
82 Sheepscar Street North, Leeds LS7 3AF

Tel: 0113 3070001
Mobile: Arthur France - 07931 412227
Mobile :Ian Charles - 07931291070

Front & Back Cover photos

Leeds Carnival King and Queen 2014
Lindo Mkomo as Sea Dragon by
Sheila, Howarth, Raymond Wilkes and
The Geraldine Connor Foundation
with Davinia Harmer as She is Africa –
Mother of Abundance by Colin Spalding
& Stephen Hoyte

Time to get happy!

LEEDS WEST INDIAN CARNIVAL 2015



August 23rd – 31st

Sunday 23rd August

#LeedsCarnivalHappy



Friday 28th August

CARNIVAL KING & QUEEN SHOW

Eye popping creations vie for the Leeds Carnival King and Queen 2015 titles. With stellar entertainment from New World Steel Orchestra, Caution Collective melodies and laughs from comedy duo Eddie Nestor & Robbie Gee. Stay tuned for news of a roof-raising international soca performance. (Suitable for age 16 plus with parental guidance).

Venue: West Yorkshire Playhouse, Quarry Hill Leeds LS2 7UP
Time: Doors open 6:30pm. Show time 7:30pm.
Ticket Only: From £10:00
Book online at www.wyp.org.uk or Booking Office on 0113 2137700 and from Leeds Carnival HQ 0113 307 0001
Tel: 07931 412227
Mobile: 07823 774287



CARNIVAL PRINCE & PRINCESS SHOW

Which rainbow-hued Carnival cutie will be Leeds Carnival Prince & Princess 2015? Find out at this fun-filled, entertainment packed family show.

Venue: Leeds West Indian Centre, Laycock Place, Leeds LS7 3AJ
Show Time: 3:00pm – 8:00pm
Admission: Under 16's £1.00 16 and over £2.00

www.LeedsCarnival.co.uk

Supported by:



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ARTS COUNCIL ENGLAND



WHAT IS CARNIVAL?

In 19th century Trinidad, the weeks before the fasting of Lent were marked by great merriment and feasting by the French and English colonials. The upper classes engaged in balls, fetes and lavish house-to-house visits (carneval translates to without meat in French). The newly emancipated slaves then adopted this tradition, celebrating their freedom by engaging in dancing, music and the wearing of masks and costumes mocking their former masters.

Today, that Caribbean celebration has been carried round the globe, reflecting Caribbean communities co-existing in cities at events such as New York's Labor Day Parade, Toronto's Caribana, Leeds' West Indian Carnival and London's Notting Hill Carnival.



Image: Geestor



Image: Andy Ford



Image: Max Farrar



Image: Leroy Nwankpa

Bank Holiday Monday 31st August

J'OUVERT MORNING

Limber up for the Carnival parade with this early morning soca music jam.

Venue: Mini procession leaves from Leeds West Indian Centre.
Time: 6:00am – 8:30am
Admission: FREE

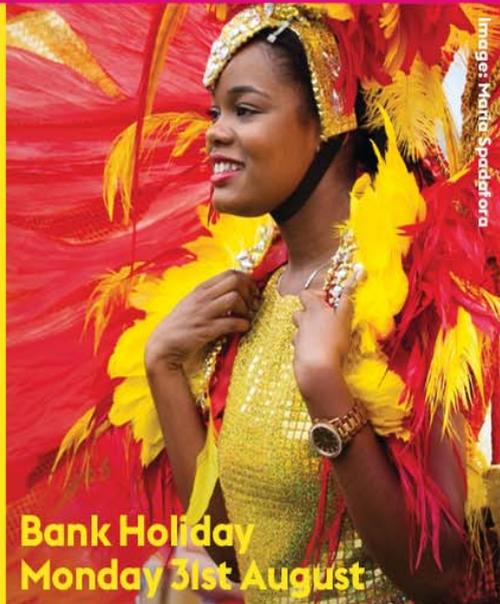


Image: Morcia Spadifora

Bank Holiday Monday 31st August

CARNIVAL PARADE

A perfect day out of dazzling costumes and Caribbean rhythms. There's fun in the park with fair rides, stalls and global cuisine - jerk chicken is a must! Look out for special guest DJs and performances courtesy of BBC Radio 1Xtra. Come early, pick a good spot - and get happy!

Venue: Potternewton Park, Leeds 8
Time: Parade leaves 2:00pm returning approx 5:00pm.
Admission: FREE

SOCA MONARCH SHOW

Lyrical kings and queens pit their wits and songs for the Soca Monarch 2015 crown. With special guest Antigua soca songstress Claudette Peters backed by Boss & The Horsepower Band featuring Pantha (PVI) and tracks by The Godfather – get your dancing shoes on! Suitable for age 18+

Venue: Leeds West Indian Centre, Laycock Place Leeds 7.
Time: 9:30pm till late.
Admission: £6:00



Image: Morcia Spadifora

For more details and event updates click, call or follow us on; LeedsCarnival.co.uk

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- 07823 774287 / 07931 412227

HISTORY OF LEEDS WEST INDIAN CARNIVAL

The first West Indian Carnival in Europe was organised in 1967 in Leeds, West Yorkshire. It helped to enable West Indian settlers who'd arrived in Britain after the Second World War to assert their own cultural identities in a society that often seemed less welcoming at the time. Arthur France, a Leeds University student from Nevis the sister island of the federation of St Kitts played a pivotal role in the initiation of the event.

Five contestants entered the first Carnival Queen Show, won by Vicky Sielto as the Sun Goddess. They joined bands and dancers in a procession from Potternewton Park to Leeds Town Hall, where a steel band competition was followed by a dance. About a thousand people attended.

Time to get happy!

LEEDS WEST INDIAN CARNIVAL DAY 2015

Bank Holiday
Monday 31st
August

Bank Holiday
Monday 31st August

J'OUVERT MORNING

Limber up for the Carnival parade with this early morning soca music jam.

Venue: Mini procession leaves from Leeds West Indian Centre.
Time: 6:00am - 8:30am
Admission: FREE

#LeedsCarnivalHappy



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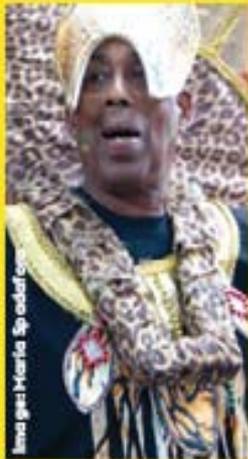
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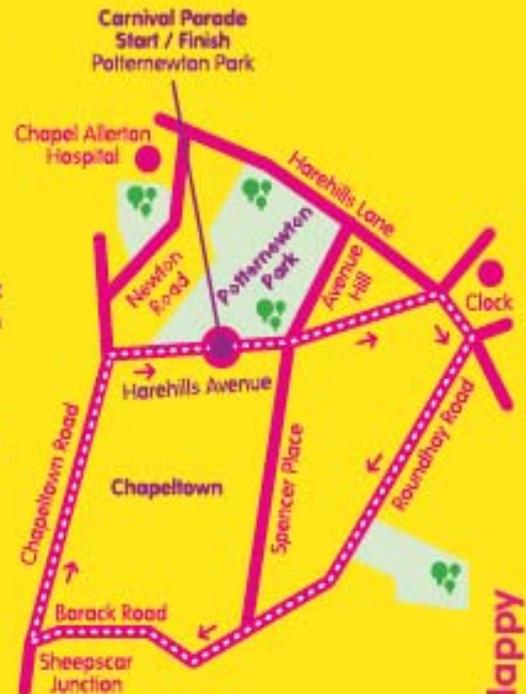
Bank Holiday
Monday 31st August

THE BIG LEEDS CARNIVAL PARADE 2015

Dazzling costumes and addictive Caribbean rhythms make this the perfect day out. In Potternewton Park there's fun fair rides, stalls, delicious global cuisine – jerk chicken is a must – and look out for news of special guest DJ's and performances courtesy of BBC Radio 1Xtra. Our advice? Come early, pick a good spot... and get happy!

Venue: Potternewton Park, Harehills Avenue Leeds 8
Time: Parade leaves at 2-00pm returning at around 5-00pm for judging of costumes.
Admission: FREE

PARADE ROUTE



#LeedsCarnivalHappy



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16 Beck Road Leeds LS8 4EU TEL 0113 228 7576

Bank Holiday
Monday 31st August

LEEDS CARNIVAL PARADE ROUTE

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YOUNG CHEF OF THE YEAR 2015



Dannielle Martin, 27, of Meanwood in Leeds is a Sous Chef at Jurys Inn Leeds and has been named '2014 Young Chef of the Year'. Out of eight apprentices, the top three performing Jurys Inn chefs were invited to a cook off on 16th April 2015.

The three apprentices from around the country had to prepare, cook and serve three dishes within a one and a half hour time limit. The dishes were judged by Gareth Nightingale, Head Chef Jurys Inn Sheffield; Roger Clark-Coates, General Manager Jurys Inn Leeds, and Andi Harrison from Lifetime Training. Dannielle, who is currently studying her Level 3 Supervision and Management apprenticeship with Lifetime Training, served Cappuccino of Asparagus Soup with Poached Quails Eggs (starter), alongside Gressingham Duck Breast with a spiced Bramley Apple Charlotte and Truffled Beans (main).

Dannielle was delighted with her win:

"My dishes turned out just as I'd planned but I really didn't expect to win. Everyone did a great job on the day so there was a lot of competition. I took part for the experience and opportunity to network. Winning was the icing on the top of the cake!"

Dannielle started working at Jurys Inn five years ago following completion of her Level 1 and 2 Professional Cookery courses, and work placement at college. She's now experienced at working in pressurised environments: Jurys Inn Leeds is a large, 248 room hotel which has recently been elevated to four star. It now offers 24 hour room service and an excellent standard of food. Because it is the first Jurys Inn hotel to gain a four star rating, Dannielle and her team are setting the standards for the rest of the business.

In October Dannielle was promoted to Sous Chef. She puts this down to her trainers Paul Jervis and Mike Allan, and a supportive team: *"My trainers were fantastic. They pushed me when I needed it and helped me to think outside the box. Both Paul and Mike, and my Manager, have been great at providing leadership and management tips. It was this element of the qualification that was the most useful to me, particularly with my new role. I know it will be a great foundation for my career. I'd like to be my own boss. Maybe someday I'll be the Head Chef of my very own restaurant."*

Dannielle completes her apprenticeship this summer.



Proving once again that Chapelton's got talent.

This second annual celebration of the creatively rich community was a seven day spectacular of performance, live music, workshops, exhibition, song, dance, theatre, hip hop, dj skills, graffiti, spoken word, poetry, photography, painting, book-binding, carnival mask-making, zine-making, African tie-dye... and more.

One of many highlights was the opening of the Chapelton Word Junction Collection at the Reginald Centre – a dedicated space in Chapelton library to house publications from local writers and writings on the area. The Chapelton Word Junction event itself featured a choice selection of these writers who entertained with anecdotes that crossed the generations – from the live poetry pow of the Dead Poets collective to fascinating insights from Jane Storr and Maxine Dennis into an earlier era of welfare cuts and unsupported arts activity. Paul Eubanks thrilled with his comedic poetry and the audience was also treated to an impromptu reading of Ray Brown's books by accomplished actor Everal Walsh before a rousing finale from Michelle Scally-Clarke. If you missed it all then make sure you pick up a copy of the first ever catalogue detailing all these Chapelton-related publications – available from the library or Union 105 for a 50p donation to the festival.

The Inna di Dancehall symposium also gathered together an impressive array of talent. Khadijah Ibrahiim with sound system men of yesteryear took us on a rich cultural history of Leeds sound-system culture firmly putting Chapelton on the map, and connecting this artform to the origins of hip hop and grime. The audience was treated to live toasting from legends such as KD Ranks, and a rare sing-jay demonstration from Fluid Irie before Too Tall encouraged the skanking to go way beyond the Inkwel curfew.

Chapelton is home to some of the countries most accomplished musicians and - for those who don't know - the original Royal Blood featuring sisters Paulette and Judah Morris who kicked off Friday's evening of live music. Fidel and the Harbingers continued the sweet reggae vibe and Vanessa Rani's vocal gymnastics once again thrilled an appreciative crowd at the West Indian Centre.

Throughout the week a program of community Art Workshops gave people a chance to experiment with art forms and learn from national and international pioneers in their respective fields such as Christella Litras, Ess Green, Oluseyi Ogunjobi, Lladel Bryant, Marcia Brown and Carol Sorhaindo. The Show and Sell and Band in the Park collaboration was the closing event and managed to entice hundreds down to Norma Hutchinson Park to listen, buy arts and crafts, make art and watch the touring mini cabaret Live Art Bistro in Van.

A raffle offered the chance to win books, artworks, knitting, and other assorted treats generously donated by local artists and managed to raise nearly £300 for the festival.

The festival will now look towards 2016 and build on the success and creative wealth of the community. As debut poet Margaret Wilkinson, a participant in Saju Ahmed's spoken word workshop proclaimed at the Chapelton Word Junction:

*"Stop, look and listen
to see the richness and wealth within
not monetary but from the heart
a kindness that makes you feel at home"*

Chapelton Arts Festival looks forward to welcoming you all home next year.

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Chapeltown My Life Interview with John Collier (Kooler Bar)

"I bought a van off an Italian and his son thought up the name 'Kooler Bar'."

Not seen Kooler in a while, I was excited about seeing him again. I was so used to seeing him driving around locally in Chapeltown, in his well-known ice cream van. We finally met up and he looked so well, same moustache and rosy looking face. He started out by telling me, "I got into the ice cream trade by mistake and this is how it all began..."

"I was a builder and a joiner, back in the day when we left school at 15 years old. I started as an apprentice doing building work until the age of 19. My friend and I grew up together and worked for the same firm. My friend got sacked and I told the boss that I'm leaving too! My boss told me that 'I'm stupid for wanting to follow his footsteps'."

"My friend's brother said that he had a job for us both, so I went along to pick up my friend for the new job but when I got to his house I was told he had already left. So I wasn't too happy. I went about scouring newspapers to see what jobs were going. I was over 17 when I passed my driving test and I came across a job advert saying, 'a young man wanted in sales to drive a vehicle', so I went along for an interview and got the job."

"It was working for an ice cream firm run by an Italian man, then times all ice cream men were Italians. I went into working for the company for 2 years. Eventually I bought my own van off an Italian."

"When I was married I took my kids to school in the ice cream van. My daughter was embarrassed and hid her face and was always worried about what her friends would say, but my son loved it. I also took them to the seaside in the van."

"I found the job very satisfactory, meeting and talking to people, although during the winter time I took 3 months out to work on building sites. This is where I picked up asbestos, whilst turning old mills into offices and flats. They were ripped inside and out, but obviously at this point I had no idea the work would affect me in the long run."

"I had gathered a little bit of dust on my lungs and eventually it turned nasty. The sad thing is there is no cure."

I tend to cough a lot and I have scar tissues on my lungs. Parts of my lungs have hardened where asbestos has grown, right in the lining. I have been told that this can become cancerous but because I'm a non-smoker I will be OK. One of my special moments was receiving a Dean Rowe award for Outstanding Achievements from Leeds Black Awards. I was so nervous and embarrassed going up but it was a real honor, a white man getting a Black achievers award!"

"Chapeltown is my life, not only for business, I've grown up with Chapeltown people and made lots of friends. It's not about money for me, it's about health and happiness, money doesn't matter. The loyalty of people is fantastic. I know what it's like to struggle, my mum was a hard worker and my father was mostly ill all the time. I found it hard turning kids away, some try take advantage but I'd get to know who was who."

"In my spare time I now go for walks, exercise and take up to 6 herbal remedies a day. I also take pineapples and papayas, as this is supposed to ease scar tissues in my body."

"After 50 years, coming up April 2015, the business has now been taken over by Ann Marie, however we still hit the same areas and locations. I take this opportunity in sending a big thanks, out to all my visitors and people who have remembered me in their thoughts. It's nice knowing that I have people looking out for me. Chapeltown people have taken me in like a family and fed me curry goat. I truly will miss all that."



Local play area given exciting refurbishment

A popular play area in Chapel Allerton has been transformed to provide a new and exciting space for children and young people to use.

Councillors Eileen Taylor, Jane Dowson and Mohammed Rafique (Labour, Chapel Allerton) have been planning the changes at the Woodland Lane site with local people for a number of months and have now been able to provide £7,000 funding to install a range of new equipment which offers something for all ages. The improvements are part of an ambition to offer the highest quality outdoor activities for young people in the area to encourage more active lifestyles.

The work, which has been carried out by the Council's Parks and Countryside department, has seen the large old junior climbing frame replaced by a new toddler climbing unit and a toddler roundabout. However the most eye-catching change is now on the banking outside the play area where a new "Viper" unit has been installed. This dynamic rope swing is the first of its kind in the area and looks sure to be a hit with older children.

Councillor Eileen Taylor (Labour, Chapel Allerton) said:

"We know that young people and their parents have been wanting this area improved for quite a while so I'm delighted we have been able to deliver this new equipment. The views of residents were vital in helping us decide on the changes we should make and what we've installed is very different to anything we've seen before. It'll be great to see people enjoying what's on offer as we head into the summer."



Womens Shield emphasizes on love, practical support and encouragement

Womens Shield is a charitable organisation and serves as an introductory conduit to professional services and facilities for women and their families in Leeds. Women Shield was founded on the Late Mandela's principles of Peace, Love and Unity. We pride ourselves on our first class services and holistic approach in alleviating poverty in the BME community. Though we have gravitated towards supporting BME/migrant communities given the social issues they face, we are support women from all walks of life.

Currently, we provide Mum n Tots Arts and Crafts workshops, outreach advocacy programme, therapeutic workshops and Women in Business service. Our Womens Shield in business service provides information and bespoke workshops on self-employment and starting your own business.

We seek to support and encourage

women to develop themselves through education/training, employment and assisting with career advice, CV writing/improvement and job hunt. Through our networking events and social events, we further aid to build confidence and empower them to realise their dreams and actualize their goals.

We provide a wider network and a forum for women to have a voice and a platform to articulate their views to the policy and decision makers locally and nationally.

For more information, contact us on womensshield@live.com. You can also find us on Facebook and Twitter.



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CARNIVAL WORDSEARCH

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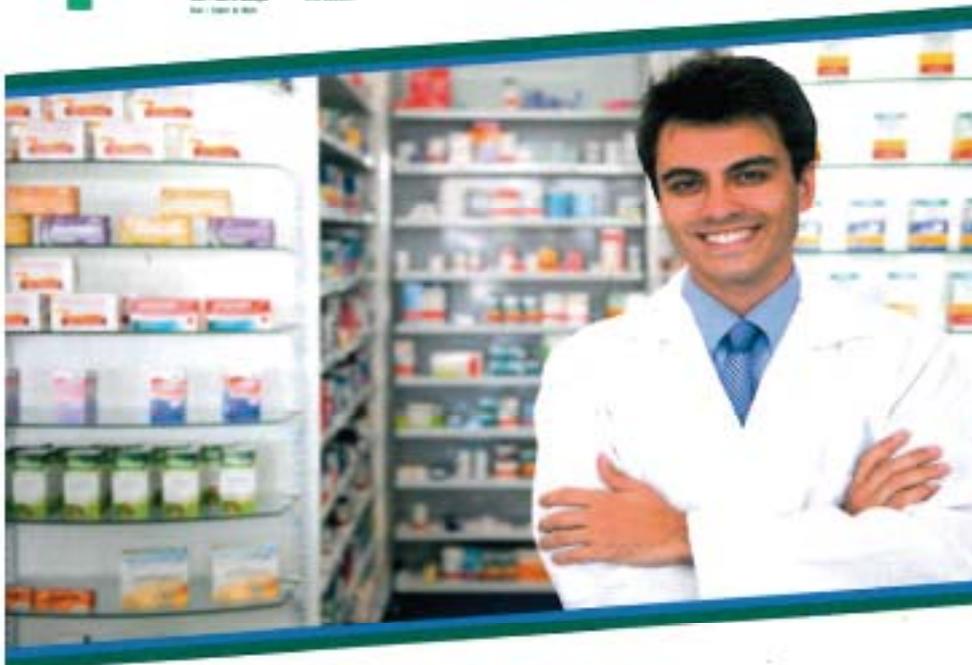
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Green Deal replacement needed now

Cuts to Green Deal funding have been criticised by a senior Councillor.

Government funding for the Green Deal Home Improvement Fund and the Green Deal Finance Company is being ended, with no replacements announced. This means loans and financial support for many homeowners and landlords will no longer be available.

Councillor Richard Lewis (Labour, Executive Member for Regeneration, Transport and Planning) feels that whilst these schemes were not fit for purpose, they should have been replaced immediately with a better scheme.

Councillor Richard Lewis, Executive Member for Regeneration, Transport and Planning said:

“No-one was going to defend the most recent Green Deal scheme. Higher interest rates than the high street and fears over what happens when homes are sold were never going to capture the public’s imagination. It’s no surprise take up has been so low.

“Yet this is yet another U-turn which leaves individuals and communities in limbo. We have already heard from landlords in Cross Green who are concerned about how this will impact on the work to transform their private rented properties.

“What we do know is that there is a real need for green investment in all types of homes, from Council properties to privately rented or owned homes. Not everyone can afford investments, even when this may save them money in the long run. Cutting a scheme with no immediate replacement smacks of a real failure to understand what is required to create better, warmer homes.

“A new, better scheme is needed now, not after an interminably long review. This will be one that seeks to

There is still funding for solar panels, a small amount of ECO funding from utilities for insulation and heating improvements and Green Deal Communities funding for insulation in certain communities in Leeds

Anyone interested in making their homes more efficient should contact ‘Better Homes Yorkshire’ on 0113 897 0977

Leeds Urban Musical Showcase of the Year



This fantastic showcase was held at Leeds West Indian Centre on 31st July. It was an outstanding event - all the performers were simply amazing and wowed the crowd. The West Indian Centre was full and the vibe was phenomenal.

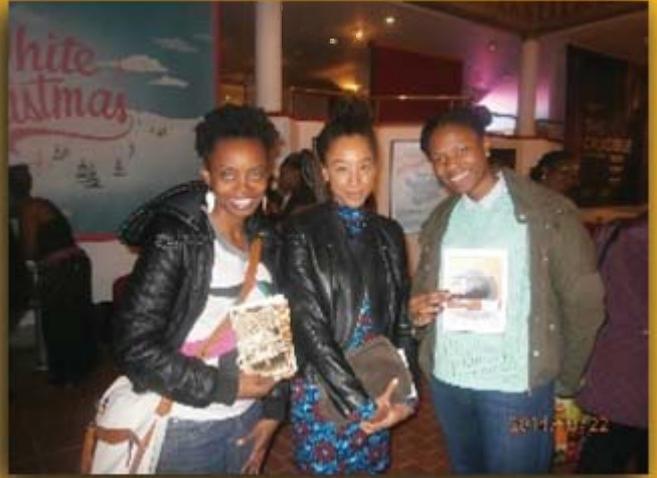
Well done Klaire Heyliger and crew for putting so much talent on the map.



POE stands for Product Of the Environment. POE is a newly established CIC (Community interest company.) POE aims to create programmes, facilitate activities and offer a service which will equip young individuals and communities with the education, tools, life skills, resources and empowerment to go forward and successfully achieve their life goals or dreams. This is a forum whereby individuals, families and groups can come together to discuss issues/barriers or concerns in life and work together in a supportive and positive way to find solutions. POE promotes growth and encourages individuals to have high aspirations regardless of their social, religious or cultural background and build self-confidence and self-worth.

CEO/ Director Product Of the Environment
Email: solutions@productoftheenvironment.com
Contact Number: 07821 744171
From: msvee@hotmail.co.uk

Crown Me Natural



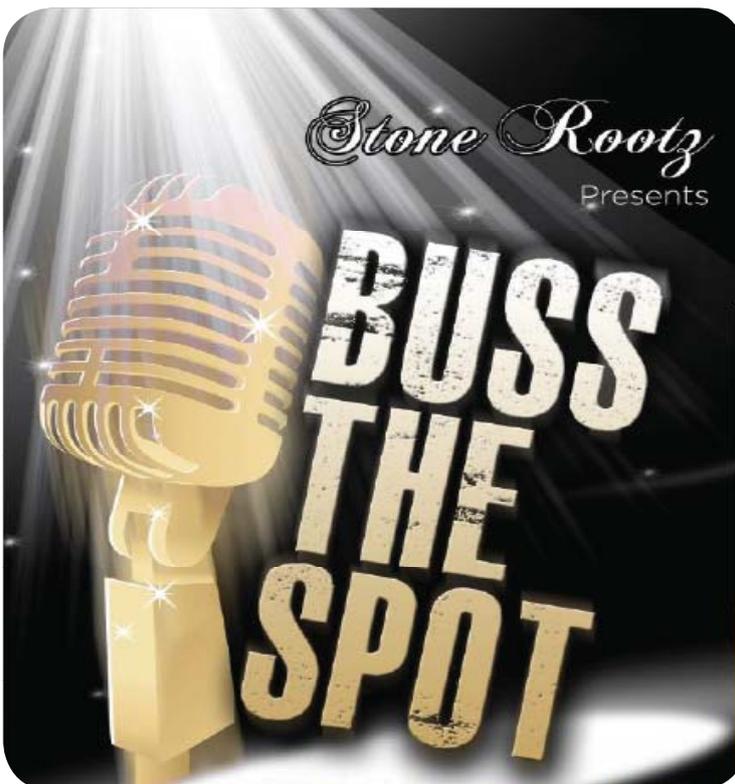
...aims to provide people with afro textured hair in Leeds with information on how to care for their hair in its natural state.

This is a community based project founded by Melinna Martinez and Angeline Smith which is centred on natural hair and natural beauty.

The co-founders, who have been supporting different community groups, say... 'We want to help them develop the confidence to proudly wear their crown of coils, rediscover their natural look and realise that they have the most beautiful and versatile hair.'

Crown Me Natural seeks to host information sessions and run a series of workshops that will give an insight into the unique needs of caring for afro and mixed race hair.

Email at crownmenatural15@gmail.com
Also like us on Facebook at www.facebook.com/crownmenaturaluk
Join us on Crown Me Natural's WhatsApp Group (Currently 40 women strong)



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FLARE COCKTAILS



MAKING FLARE COCKTAILS ACCESSIBLE TO ALL

Global Brands have announced a deal to distribute Flare Cocktails, a range of Ready to Serve (RTS) premix cocktails in 250ml cans, designed to offer a credible cocktail experience for the independent retail channel.

At launch the range will include three iconic flavours, Mojito, Cosmopolitan and On the Beach, each price marked at £1.

RTS cans are growing at 10% within Impulse and are now worth £16.1m*. Flare cocktails have been positioned to offer on-trend ready to serve cocktails, packaged exclusively for Independent Retailers. According to research 57% of adults drink at home at least once a week** and 84% of University students drink at home or a friend's house***. Flare Cocktails capitalises on the opportunity to appeal to existing cocktail drinkers and newbies with the ideal format for any at home occasion.

Simon Green, Marketing Director at Global Brands comments: "We have identified a clear opportunity for the independent channel, where value and convenience need to be at the heart of every retailers offer. "Flare cocktails represents and exciting opportunity for retailers to stock and sell an exclusive 'on trend' product, which will allow them to compete effectively against the supermarkets."

ENDS

For more information, or to speak to Simon Green, please contact Abbigale Wallis on 01246 216026 or abbigale.wallis@globalbrands.co.uk

RJC DANCE



RJC Dance the leading Black dance organisation in the North empowering young people and adults through movement.

TO DONATE TO RJC DANCE BY TEXT:

RJCD12£amount (eg £1, £2, £5, £10, £50... etc)

TO: 70070

ONLINE:

www.justgiving.com/rjcproductionsltd/donate

RJC Dance is a registered charity and Company limited by guarantee.

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**Friday 28th Aug heat 1 Sat 29th Aug heat 2 Sun 30th Aug Heat 3 Final Monday 31st Aug
1st Prize £100**

Application forms more info contact 07789458846 /07738397384

or
Eventsteamtcg@gmail.com



Healthy café gets Chapeltown moving

A weekly café in Chapeltown has been getting people moving and local Councillors would love even more folk to get involved.

Running each Thursday from 10am to 12 noon at the Polish Centre in Chapeltown, the café is a chance to get together, play a game, have a natter and take an opportunity to have a move and a dance to keep healthy, with physical activities sessions provided by Leeds Let's Get Active.

There are also volunteer practice health champions available to talk about local services, such as those provided by Feel Good Factor, the Black Health Initiative and others. Tesco, Costco and Morrisons have also pitched in to help provide groceries for the café.

Councillor Eileen Taylor (Labour, Chapel Allerton and Inner North East Community Committee Health Champion) said:

"The café is a real social event that everyone can take part in. Getting out and about can cut loneliness; people coming here can also get some support to keep healthy as well as making some new friends."

"Having a range of activities, from talks to movement exercises to games, there should be something for everyone! I hope anyone interested can pop along to the next session."

For more information contact St Martins Practice on 0113 262 1013



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Give a young person a head start

*Could your business benefit from a willing, fresh pair of hands?
Would your team benefit from an able, enthusiastic new face?*

Leeds City Council, working with I-Gen, is offering 'Head Start' work placements that provides young people with an opportunity to put their skills into practice. The Head Start scheme works with local employers to give fully-supported placements of up to six weeks to 18-24 year old Jobseekers

Young people get two weeks training to get them ready for your workplace, and are matched to businesses after assessments and interviews. Employers can get up to £300 to cover the cost of the placement. The Council is already offering placements and it makes a real difference, turning applications into interviews and interviews into jobs.

Stephen Prince, 22, from Bramley took part after being unemployed for more than six months. After getting involved with the programme, he gained employment with Leeds-based 4 Site Security. He said:

"I was getting really demoralised, sending out applications and CVs and getting nowhere. It really knocked my confidence and I started to wonder if I was unemployable. Then I went on the work placement scheme. They helped build up CV up and being around the team really boosted my confidence. When it came to doing my interview, the experience I'd gained during my placement gave me that bit of something extra. I'm ecstatic to be back in work and there's nothing like that pride, satisfaction and self-respect you get from having a job."

Councillor Lucinda Yeadon, Leeds City Council executive board member with responsibility for leisure and skills said:

"We know that there are a lot of enthusiastic and hungry young people out there who have been out of work for a long time- all they need is the right chance and they can be an asset to any company.

"By supporting local businesses and giving young people the right opportunities to get back into employment, we're confident that Head Start can make a real difference."

For more information about getting involved in Head Start, contact Michelle Law

email: michelle2.law@leeds.gov.uk

telephone: 0113 3952905.

What am I
going to do
in
September?

Didn't get the
results you
wanted?

Aged 16-
19?

Don't know what
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CITY-WIDE CLEARING EVENT
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Civic Hall in Leeds City Centre

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- Colleges • Sixth forms •
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Questions? Get in touch:
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**LEEDS WORLD
MENTAL HEALTH DAY**

10 October at 11:00–15:00

Leeds Civic Hall, Calverley St, Leeds,
West Yorkshire LS1 1UR, Leeds

**Chapelton market will
be outside the Reginald
Centre on carnival
Sunday and Monday,
12 noon til 6pm**

HAPPY CARNIVAL

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Nite Trax

...is doing a big people night at the club on Sunday 30th August, Taking you through to duvet morning

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TD'S News...

...wishes everyone a happy carnival and gives thanks for all the customers whom support the business and come through the doors.

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Community Highlights celebrates 20 years!

Keep an eye on our website for details of dates, prices and booking for our

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**talks from local businesses
talent showcase**

**20 year archive display
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With thanks to the organising team



Condolences to all the recently bereaved families in and around the Chapeltown community.

May God be with you in your time of sorrow.

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